

Tummy trouble? Blood in your wee? Speak to your doctor

Speak to your doctor if you have had tummy trouble for 3 weeks or more, such as:



- your tummy feels uncomfortable or you have any pain



- you have diarrhoea or runny poo



You should also speak to your doctor if you have seen blood in your pee, even just once.

It is probably nothing serious, but if it is something serious like cancer, finding it early makes it easier to treat.



Speak to your doctor, they are there to help.

Find out more at
[nhs.uk/cancersymptoms](https://www.nhs.uk/cancersymptoms)

**Clear on
cancer**

**Help us
help you**